

# SizeGenetics Penis Extender User Manual

This manual is available in these languages: English



## **Introduction**

The SizeGenetics was designed and developed in Denmark by Danamedic Aps. The purpose of the extender is to lengthen the penis by means of traction.

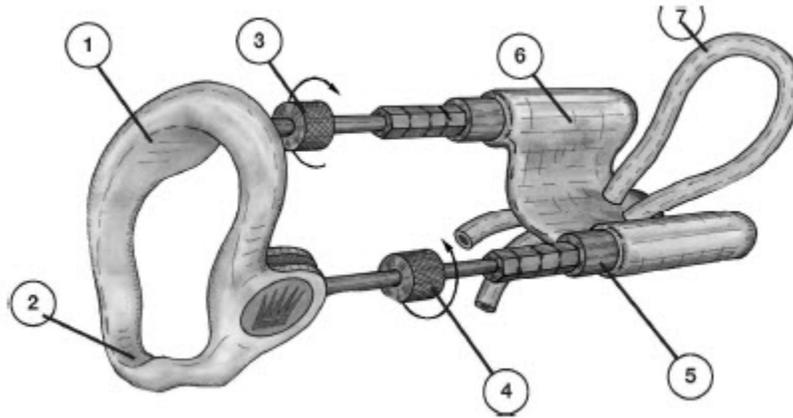
The SizeGenetics can be used as a gentle mono-therapeutic device. The use of the SizeGenetics does not require medical supervision.

The mechanism of the device is based on the principle of traction, a method which stimulates the human body's natural reaction to the application of physical force. Tissue cells react by multiplying and the tissue gradually expands, a principle utilized by various indigenous tribes for multiple doubling of the size of earlobes and lips.

The SizeGenetics has been tested on patients who have all obtained lengthening of the penis after using the device in accordance with instructions. The lengthening is permanent and does not entail a narrowing of the circumference of the penis.

The test subjects achieved an average lengthening or gains for a fully erect penis of 2.8 centimeters, or 24% after a treatment period of 3 to 4 months. The treatment does not affect urination, sexual prowess or sexual drive. Lengthening or increase can only be obtained by daily usage of the device and the effect correlates with the number of hours the device is worn. The above mentioned results were obtained after 12 hours per day treatment over a period of 3 months.

## Description of the Various Components and Instructions for Assemblage



The Extender consists of a basal plastic ring (1) with a recess for the urethra (2). The ring is fastened around the root of the penis.

Two metal bars, one with a right-handed thread (3), the other with a left-handed thread (4) are attached to the basal ring. Inside each bar, hidden in a tube, is a spring contrivance (5).

At the distal end the two bars are attached to a plastic support (6) with two holes, through which the ends of a silicone tube are passed and 2 slots for the **Comfort Strap** (*not illustrated*).

The components 1-5 are preassembled on delivery.

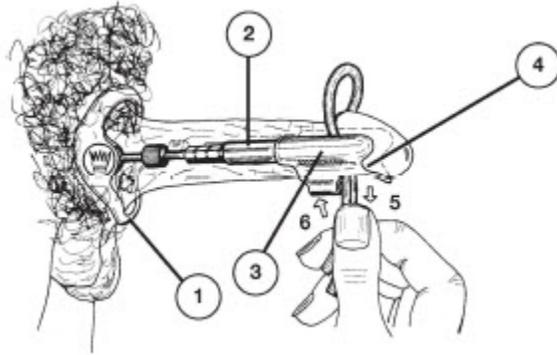
Depending on the size of the penis either the short or the long extension bars are mounted by means of the round spanners provided.

**The SizeGenetics device should be set to 1cm longer than your fully outstretched flaccid penis prior to use.**

You can do this by adding the relevant elongation bars to your device. These are attached by screwing them into the metal bar on each side of your device. The additional extension bars are required for later usage as lengthening of the penis occurs.

The plastic support (6) is mounted by introducing the ends of the bars (5) into the two big holes of the support. The support is then pressed towards the basal ring (1). The springs are thus pressed home. Pressure should be exerted until a snap or a click indicates that the support is firmly secured to the bars.

## Instructions for Mounting



The device is mounted by fastening the basal ring (1) around the root of the penis, so that the two metal bars (2) run parallel with the penis, one on each side and the head of the penis rests in the bowl-shaped support (3).

By passing the two ends of the silicone tube or the comfort strap (not illustrated) through the holes in the plastic support (4) a loop is made through which the head of the penis is introduced.

Before fastening of the penis the plastic support should be pressed towards the body so that the two springs press home. The silicone tube or the comfort strap (5) is fastened around the penis head by pulling the ends of the tube or comfort strap.

If you are using the silicone noose, you can secure these in place (6) on the reverse side of the support.

## Protection Pad Cccessory to the SizeGenetics

In rare cases initial soreness can be experienced from using the Extender.

Such soreness is usually caused by initial excess of force, which should not exceed 6 to 900 gram of traction for up to 8 hours daily during the first 6 weeks.

After week 6, the force of the traction should then be increased to 900 to 1200 grams, and the treatment period to 8 to 12 hours daily.

To relieve such occasional soreness, the enclosed Protection Pad can be used in the following way:

- Expand the Protection Pad slowly.
- Fit it behind the penis glans, and allow it to contract to a snug fit.
- Mount the extra-long silicone tube or comfort strap as usual.

The Protection Pad can be washed in lukewarm water, and new pads can be purchased from this [SizeGenetics review website](#).



## Instructions for Adjustment

You should not attempt to change the traction on your device until you have been wearing it for at least six weeks.

When the device has been fitted correctly the force of traction can be adjusted by turning the two thumb-screws inwards to increase the traction.

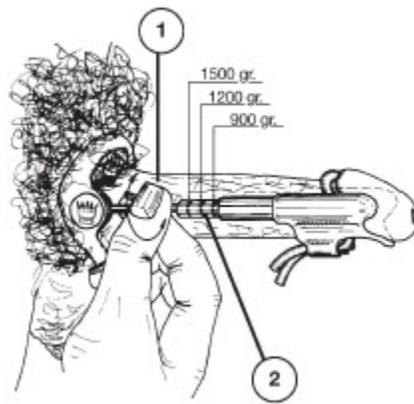
In order to change the traction successfully you must ensure the following:

- You must be wearing the device when you attempt to change the traction.
- The device **must** be set to the correct length - one centimetre **longer** than your fully outstretched flaccid penis.
- Your flaccid penis must be **fully outstretched** whilst the device is in use.
- The comfort strap or silicon noose must be **secured tightly** to hold the penis in place to allow the arms of the device to creep into the cylinder.
- That the springs of your device are pressed home - you do this by pushing the plastic support in place until you hear a click which indicates that the support is firmly secured.

The actual force exerted can be read on the hexagonal pistons and the force of traction can be varied from 600 to 900g, 1200g or 1500g.

The device is automatically set with the traction level of 600g when first delivered. Each marking on the piston equals a traction force of 300g. Thus, at the exertion of maximum force (1500g) only one marking is visible on the piston;

- The mark closest to top of the device (*nearest the penis head*) = **900g**
- The mark in the middle = **1200g**
- The mark closest to the bottom of the device (*nearest the base of the penis*) = **1500g**
- You should not be able to see the threads at any time, and if they are visible, a new extension piece needs to be added.



## SizeGenetics — Usage/Recommended Routines

Week No. 1 - Hours Usage per day: 2 to 3 = Traction force: 600 to 900g

Week No. 2 - Hours Usage per day: 3 to 4 = Traction force: 600 to 900g

Week No. 3 - Hours Usage per day: 4 to 5 = Traction force: 600 to 900g

Week No. 4 - Hours Usage per day: 5 to 6 = Traction force: 600 to 900g

Week No. 5 - Hours Usage per day: 6 to 7 = Traction force: 600 to 900g

Week No. 6 - Hours Usage per day: 7 to 8 = Traction force: 600 to 900g

Week No. 7 onwards - Hours Usage per day: 8 to 12 hours per day is recommended = Traction force: 900g to 1200g

**Remember to remove the device every 2 hours to massage the blood flow to the penis.**

# Instructions for Use and Dismounting Of The Extender

During use of the Extender the penis can be held at any position except sideways. In a pair of loose-fitting trousers the device is inconspicuous.

We do not recommend wearing the SizeGenetics device at night as it may become detached during uneasy sleep or during a nightly erection.

If you get an erection while wearing the SizeGenetics device, please remove it until the erection has subsided. Once this has occurred, you can re-attach the SizeGenetics device.

Accidental detachment merely requires re-mounting of the device. The device is dismounted by loosening the silicone tube or the comfort strap from the ventral side of the support.

The Extender can then be detached.

## Cleaning

The SizeGenetics should be cleaned daily with soap and water. A chlorhexidine alcohol solution of 0.5% can be used for disinfection.



**Personal Notes:** (Table to note your Daily Usage of the SizeGenetics device)

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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For Detailed Video Instructions of this SizeGenetics Penis Extender User Guide

Visit/Click the Link Below

<http://www.maleenhancementpr.com/how-to-use-the-sizegenetics/>